

Expert Event Hosting and Planning

## Luncheons

Selections, except box lunches and grain bowls, include locally made artisan rolls and butter, coffee/hot tea service, and dessert platters of assorted cookies/brownies or miniature French pastries. All selections may be modified to accommodate dietary restrictions such as gluten free, religious prohibitions, allergies, food intolerances and spice preferences.

### **Luncheon Buffets**

#### Trio of salads buffet

#### Select 3:

Mixed greens, smoked Gouda or blue cheese, cherry tomatoes and red onion Salmon (or chicken), spinach, fennel, red potatoes and peas Shrimp pasta salad with confetti vegetables Spicy Asian noodles with warm teriyaki Flank steak, water chestnuts and snow peas Greek salad with romaine, Feta cheese cucumbers, pepperoncini and olives

Includes choice of soup, rolls and assorted breads \$49 /pp, minimum 25

#### Soup and Deli Sandwich Buffet

Display of ready-to-eat sandwiches on assorted breads, rolls and flour tortillas. **Select 3:** Grilled chicken Turkey and cheese

Ham and cheese Tuna salad

Turkey and cheese Grilled vegetables

Includes soup du jour *or* mixed green salad and bags of potato chips (+\$6 for both soup and salad) \$49/pp, minimum 25

#### **Boxed Lunch**

#### Select 3:

Grilled chicken Tu Ham and cheese G Tuna salad

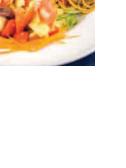
Turkey and cheese Grilled vegetables

Served with tomato/lettuce or spinach/sprouts, bag of chips, fruit and cookie/brownie \$34/pp, \$36 /pp replace cookie/brownie or fruit with peanut butter and celery sticks

#### **Grain Bowls**

Mixed greens, spinach, wild rice, quinoa, cucumbers, tomatoes, pickled red onion, dried cranberries, Feta cheese and herb vinaigrette. Served with pita bread and cookie/brownie *Grilled chicken or Portobello mushroom \$38/pp, beef or salmon \$43/pp* 







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## **Luncheon Buffets**



#### Hot luncheon

Select 2: Chicken piccata Grilled seasonal fish Vegetarian butternut squash lasagna Mediterranean pasta with kalamata olives, tomato and basil, portabella mushrooms

Includes choice of soup du jour <u>or</u> mixed green salad (+\$6 for both soup and salad options) Includes rice and seasonal vegetables \$54 /pp, minimum 25

#### Hot sandwich with soup du jour or mixed green salad

Warm display of ready-to-eat sandwiches on assorted breads, rolls and flour tortillas Select 3: Reuben with corned beef, Swiss and sauerkraut (turkey Reuben available) Grilled chicken, bacon and pepper-jack Ham and cheddar Southwest turkey melt Tuna melt Vegetarian chickpea falafel



Includes choice of soup du jour <u>or</u> mixed green salad, potato chips \$47 /pp, minimum 25

### **Two Course Luncheon**

Price indicates service of entrée salad and dessert. Selections include locally made artisan rolls and butter, coffee/hot tea service. All selections may be modified to accommodate dietary restrictions such as allergies, food intolerances, gluten free, religious prohibitions and spice preferences.

#### Grilled Chicken Cobb Salad

Grilled chicken breast, trio of greens, hard boiled egg, red potatoes, avocado, bacon, blue cheese and scallions. Choice of ranch dressing or herb vinaigrette. *\$38/pp; substitute for salmon \$43/pp* 

#### Caesar Salad

Romaine Lettuce, Parmesan cheese, herb croutons and house-made Caesar dressing. Add grilled chicken \$38/pp, marinated flank steak or salmon \$43/pp

#### Greek Salad

Romaine Lettuce, Feta cheese, cucumbers, pepperoncini, olives and house-made Greek dressing. *Add grilled chicken \$38/pp, marinated flank steak or salmon \$43/pp* 





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## **Three Course Luncheon**

Price indicates service of first course, entrée and dessert. Selections include locally made artisan rolls and butter and coffee/hot tea service. All selections may be modified to accommodate dietary restrictions such as allergies, food intolerances, gluten free, religious prohibitions and spice preferences.

#### **First Course**

Select first course from Soup or Salad

#### Soups - limit to 50 people

 All soups are made from scratch.
 All are gluten free.

 Choices include:
 Chilled cantaloupe ginger

 New England clam chowder
 Chilled cantaloupe ginger

 Coconut chicken soup
 Potato and leek

 Butternut squash cream
 Roasted tomato

 Lentil or bean with bacon (can be prepared without pork)



#### Salads

All available gluten free.

Spinach, seasonal fruit, Feta cheese and candied walnuts with balsamic vinaigrette Arugula, cilantro marinated mushrooms, goat cheese, peppered almonds and mint vinaigrette Array of greens, mandarin oranges, mozzarella, spiced pecans and citrus vinaigrette Mixed greens with carrots, tomatoes, frisee, jicama, and herb vinaigrette

#### Main Course

Select one main course. \$5 surcharge per person if more than one entrée option per person is selected for the event



#### Poultry \$54 /pp

Leek and spinach stuffed chicken breast, red pepper sauce, potatoes and chickpea Swiss chard sauté Moroccan chicken with fruit/vegetable couscous, olives and Mediterranean ratatouille Peruvian roasted chicken, rice pilaf, Chimichurri sauce, roasted sweet onions and tri-color peppers Oven-crisped boneless Parmesan chicken breast, tomato basil sauce, orzo and vegetables

#### Seafood \$65 /pp

May substitute fish in season Grilled salmon, lemon caper butter, grilled asparagus, rice pilaf Grilled seasonal white fish, musroom risotto and grilled vegetables Roasted cod, lemon couscous and Moroccan ratatouille with dates





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## **Three Course Luncheon**



#### Vegetarian \$54 /pp

Vegan modifications available

Butternut squash lasagna with ricotta, cranberries, spinach, béchamel over braised greens Eggplant Napolean w/goat cheese, tomato oregano sauce & soy meat, orzo & lemon/garlic green beans Fiery marinated tofu stir-fry, sesame spinach, ginger, broccoli, edamame rice pilaf (vegan) Roasted acorn squash, wild rice, quinoa, apricots, sautéed greens and apple cider reduction

#### **Dessert Course**

Select a final course from the following individual plated desserts

#### Individual pastries

Dark chocolate mousse "swag" bag Mocha royale with French macaron Flourless chocolate volcano Napoleon Chocolate raspberry mousse cake

#### Cakes and pies

Key lime tart Passion fruit tart French tarts: apple, lemon or pear New York style cheesecake Pumpkin cheesecake Strawberry fraisier

#### Platters for the table

Assorted frosted cupcakes Miniature French pastries or French macarons Brownies and cookies (available without nuts) Custom logo cookies, \$1 surcharge/pp

#### Comfort

Crème brulee with berries *-Limit to 100* House made bread pudding with caramel sauce (warm) Flourless chocolate torte with hazelnut anglaise Warm apple, berry, peach or pear crisp (seasonal)







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### **Beverages**

#### Infused Water Station

Iced water infused with lemons \$30 per three-gallon dispenser

## Coffee, Decaffeinated Coffee, Selection of Herbal and Black teas, Iced Tea or Lemonade

Includes dairy and plant based beverages, sweeteners, sugar and lemon wedges \$75 per gallon (~25 cups); or \$40 per half-gallon (~12 cups)

#### Pitchers of Juice

Orange or cranberry \$24 per pitcher (~10 juice glasses)

#### Soft Drinks

Coke products, Spindrift flavored sparkling water \$4.25 each. Assortment presented and charged by consumption

#### Sparkling & Still Waters

Saratoga effervescent or NPC still bottled water \$4.25 each. Assortment presented and charged by consumption

#### Assorted Bottled Teas

\$4.25 each. Assortment presented and charged by consumption

#### Canned Cold Brew Coffee

\$4.25 each. Assortment presented and charged by consumption





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## **Mid-Morning or Mid-Day Breaks**

#### Healthy snack and fruit assortment

Breakfast, protein and other energy bar assortment; selection of dried fruit, peanut butter, carrot /celery sticks, hummus with pita, and trail mix *\$16.50/per person* 

#### Petite sandwiches

Deli meat sandwiches including ham and cheese, turkey, roast beef, and grilled vegetables with lettuce and tomato on freshly made petite-croissants. Mustard and mayonnaise on the side *\$65 per dozen* 

#### Mid-morning or afternoon tea

Selection of black and herbal teas, coffee and decaffeinated coffee, Chef's selection of savory bite-size sandwiches, tea cookies, chocolate dipped strawberries, and miniature French pastries \$27 /per person, minimum 25

#### Frosted mini cupcakes

Flavors: chocolate, vanilla, yellow, red velvet, black forest, coconut, lemon or German chocolate. *\$65 per dozen* 

#### Miniature French pastries or French macarons

Chef's selection of mini French pastries *\$55 per dozen* Assorted chocolate, almond, and lemon French macarons *\$32 per dozen* 

#### Brownies and cookies

Chocolate chip, oatmeal, and sugar cookies; Brownies include chocolate and butterscotch blondies. *\$48 per dozen* Custom logo cookies *\$58 per dozen* 



### Platters:

#### Cheese

American and International selection with fruit garnish and crackers on the side, including gluten free Serves 25/ \$375 Serves 50/\$750 Serves 100/\$1,500

#### Crudité

Assortment of sliced vegetables with seasonal dips Serves 25/ \$275 Serves 50/\$550 Serves 100/\$1,100

#### Fruit

Fresh, sliced seasonal fruits, to include honeydew, cantaloupe, pineapple and strawberries Serves 25/ \$350 Serves 50/\$700 Serves 100/\$1,400





