

National Press Club 5K :BEAT THE DEADLINE- September 5, 2015

FAX TO 202.662.7512 or email to 5k@press.org

First Name: _____

Last Name _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

Age on Race Day: _____ Team Name: _____

Media Team: Y or N **NPC Member:** Y or N **Gender:** Male Female

Please choose which t-shirt you would like to receive. All runners will receive one shirt at no charge. Runners may get both t-shirts with a \$10 donation to the NPCJI

T-shirt size: Small Medium Large Extra large
#FreeJason T-shirt **5K T-shirt**

Race Registration \$ _____

- \$45 until 9/4\$50 Race day

Donation to the EFNJL \$ _____

- Required if requesting two shirts

I would like to attend the Tony Horton Boot Camp Workout on Sept. 3 \$ _____

- \$5 NPC Member / \$10 Non - Member

Extra Post -Race Breakfast: (\$10) # _____ \$ _____

TOTAL \$ _____

All entry fees include official 5K shirt and entrance to the post-race pancake breakfast.

__ Check (please make checks payable to National Press Club Journalism Institute (NPCJI)

Visa MasterCard AMX Discover Diner's
Card# _____

Exp. Date. _____ V-Code: _____

Signature _____

I know that running is potentially hazardous activity. I should not enter or run in club activities unless I am medically able and properly trained. I agree to abide by any decision by a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including but not limited to, falls, contact with other participants, the effects of weather, including high heat and or humidity, the conditions of the road and traffic on the course all such risks being known and appreciated by me. Having read the waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release Amazing Race Timing, USATF, the National Press Club, National Press Club Journalism Institute, and all sponsors and donors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence or carelessness on the part of persons named in this waiver.

Signature _____ Date: _____